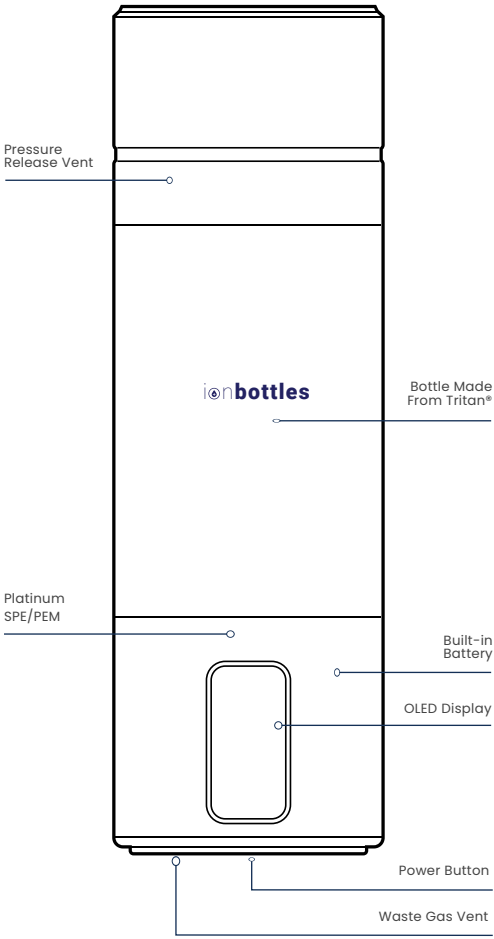
ionbottles®
PREMIUM HYDROGEN WATER

THE ATOM™


Pressure
Release Vent
ionbottles
Bottle Made
From Tritan®
Platinum
SPE/PEM
Built-in
Battery
OLED Display
Power Button
Waste Gas Vent

ionbottles Atom Quick Start Guide

Welcome to the future of hydration with your new ionbottles atom! This 10-ounce (295 ml) hydrogen water bottle is designed with cutting-edge technology to enhance your drinking experience. Follow these simple steps to begin enjoying hydrogen-enriched water immediately.

Benefits of Hydrogen Water:

Reduces inflammation
Acts as an antioxidant
Aids muscle recovery
Enhances hydration
Boosts metabolism

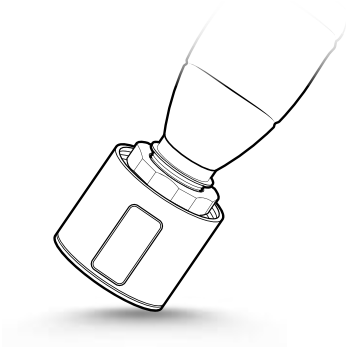
Usage Tips:

Drinking Schedule:

For best results, consume 3-5 bottles daily. Drink the first bottle on an empty stomach in the morning, drink a bottle before lunch, and additional bottles in the afternoon and evening before bed.

Product Information

Product	ionbottles® Atom
Power	5v
Battery	2200 mAh
Capacity	10 oz 295 ml
Net Weight	380 g
Product Build	Anodized aluminum, lithium-ion battery, Tritan® BPA free polycarbonate material.



Initial Setup

Unboxing:

Unscrew the bottle piece from the base.
Remove the wet plug from the center plate inside the bottle.

This plug keeps the proton exchange membrane primed and ready to use right out of the box.

Cleaning Before Use:

Hand wash the inside of the bottle and lid using soapy water.
Rinse thoroughly to ensure no soap residue remains.

Assembly and Charging:

Reassemble the bottle by screwing the base back on.
Charge the battery using the provided USB Type-C cable. Connect to a USB charging adapter and charge for 4-5 hours, or until the battery indicator shows fully charged and the LED turns off.

Filling the Atom Bottle:

Fill the bottle with drinkable water; filtered, natural spring, or mineral water is recommended. Optionally, you may attach a disposable water bottle using the screw on adapter in the base.

Cannula Attachment:

Find the Inhaler Attachment in the sealed bag.
Fill it with water and screw it onto the base of the bottle.

Attach the Cannula Tube to the top of the Inhaler Attachment.

Place the cannula around your head and gently insert the prongs into your nostrils.
Start:

Turn on the bottle and select 5 or 10 minutes.
Hydrogen gas will bubble into the cannula.

Inhale slowly through your nose and exhale through your mouth.
Use 2-3 times daily for best results.

Operating Instructions

Powering the Device:

Once full of water.

Press and release the power button located at the bottom of the bottle to activate for 5 minutes, generating up to 1500-2500 PPB of hydrogen ions and releasing them into the water.

Quickly press the power button twice to activate for 10 minutes, producing between 4000-5000+ PPB of hydrogen ions into the water.

Waste Gas Vent System:

The base of the bottle includes a downward facing vent port for expelling oxygen, chlorine, and other waste gases. A second vent located inside the screw on lid helps prevent any issues caused by excess pressure.

Fault	Resolution
Bottle not turning on	Verify that the battery is fully charged.
Water has a smell	Using unfiltered tap water may result in an odor. Please promptly rinse the bottle and opt for higher-quality filtered water if needed.
Bottle is leaking	Check the rubber seals to ensure that they are properly installed. Check to make sure the bottle is tight and not overly filled with water.

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4022 E Commercial Way SE
Suite 3
Albany, Oregon 97322
hello@ionbottles.com

Maintenance:

Regularly wash the bottle, lid, and rubber seals with warm water and mild non-abrasive antibacterial dish soap to prevent mold and bacteria growth.

Safety Precautions:

Do not use the bottle for non-intended purposes. Always ensure the vents are unobstructed.

All ionbottles products come with a 1-year warranty included for your peace of mind and satisfaction.

Warnings:

Do not use very hot or boiling water in excess of 120+ degrees. This water is NOT recommended and may cause permenant damage to your bottle and void the warranty.

This product is not a filtration device and should not be used with anything but clean drinking water.

Remember to remove the lid after each hydrogen cycle to relieve any built up pressure created from the hydrogen production. Failure to do so may result in damage to the unit and void of the warranty.